Day 40

> *Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. Matthew 11:28-30*

Jesus was, and is, a wonderful teacher. We should have confidence that He would not have said: "learn from me" without providing what was needed to do so. Those who heard Him speak these words did not have New Testaments, and may not have been there to hear what He said the day before. Most of them probably HAD heard that He did miracles and healed people, and most of them could probably sense something of the love, joy and peace radiating from Him. But they were not believing Christians – no one was, yet. So, when Jesus said "my yoke" they did not understand that in the sense of: "I, as God Incarnate, have a custom-made yoke for you in My heavenly warehouse", but rather: "the yoke I myself have on me". As a good teacher He then immediately explained what that was: "I am gentle and humble in heart". He was teaching them that if they, too, would become gentle and humble in heart they would find rest for their souls. What was true for them is true for us. Ask God to show you, and remove from you, all that is not gentle and humble.