

Forty Days of Purpose Devotional

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Instructions

Discipleship is a process in which the disciple must do his/her part, cooperating with the work God is doing in transforming His adopted children into the likeness of Jesus. Similarly, to gain maximum benefit from this devotional you must do your part. What is that?

- First, pray. Pray before you read each day's message, pray over any questions and issues that come to mind from the reading, and pray before you write your response in the space provided at the bottom of each page.
- Then, actually write your response at the bottom of each page. If you are afraid that someone might read what you write and are therefore tempted to withhold all or part of your response, please consider another option – writing down what you really think and feel, then tearing it up. This may sound silly, but there is real benefit in going to the trouble of writing, because writing forces you to be clear and concrete. The principal benefit from writing down your thoughts comes from the act of writing, not from later reading what you wrote. If you must immediately destroy what you write, go ahead. It is better to write and shred, then never to have written at all.
- Most of all have faith that God wants to transform your life into something more joyful and purposeful than you can imagine.